

		AL IV	IL 2024			
MONDAY 1 <sup>st</sup>	TUESDAY 2 <sup>nd</sup>	WEDNESDAY 3 <sup>rd</sup>	THURSDAY 4 <sup>th</sup>	FRIDAY 5 <sup>th</sup>	SATURDAY 6 <sup>th</sup>	SUNDAY 7 <sup>th</sup>
Easter Monday						
9.30 Armchair	9:30 Armchair	9:30 Garden Walks	9.30 Documentary	9:30 Garden Walks		
yoga Lower Throsby	Travel		Ascot ground	10:00 Catholic	Check	
	Screened Lower	10.30 Scenic Bus trip		Mass Screening	activities	
10:30 Worship	Throsby		10.00 Men's Club	Ascot Ground	Boards	
<b>Group</b> Ascot Ground						(a)
	10.30	7/2	10:30	10.30	or ask	
	<b>O</b> = <b>O</b> = <b>O</b>		Refined Mayor		staff	
	$B_{0}$	MERLEY	Refined Moves Physiotherapy & Tai Chi		about	
		San Seniora			weekend	
1		0		Pop-up Café	activities.	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises	Exercises	Exercises	Exercises	Exercises		Check
Screened on all floors.	Screened on all floors	Screened on all floors.	Screened on all floors.			activities
						Boards or
2.30	2.30 Australian	2.30 Scenic Bus trip	2.30 Green room	2.30		
Movie time	Choir	¥.	gardening			ask staff
				Iniday "	77	about
$\mathbf{A}$	ATTATA			HAPPY HOUR		weekend
		SEMINORS CO				activities.
MAWHAH		SO SERVINGE	De Bring			
SHOWTIME:			5010			
			000000		Clip art images are licensed under CC	
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		AIN	IL 202 <del>4</del>			
MONDAY 8 <sup>th</sup>	TUESDAY 9 <sup>th</sup>	WEDNESDAY 10 <sup>th</sup>	THURSDAY 11 <sup>th</sup>	FRIDAY 12 <sup>th</sup>	SATURDAY	SUNDAY 14 <sup>th</sup>
			National pet day	Human Space flight day	13 <sup>th</sup>	
9:30 Garden Walks	9:30 Armchair Yoga	9:30 Walking Group	9.30 Documentary	9:30 Armchair	Check	
Self-Guided	Screened Ascot	Self-Guided	Lower Throsby	Travel Screened	activities	000
0.20 (1.1.4.4.	Ground		10.00 Men's Club	Lower Throsby	Boards	
9.30 St Jude's	10.30 Residents	10.30 Chinese tea	10:30 Meditation	10:00 Catholic	or ask	- MAZ
Church service	meeting	with Sophia	Group Quiet Room	Mass Screening		
screening	Ascot ground	0 194	10.30 Ballroom	Ascot Ground	staff	
	2	Ser of Many	Dancers	10.30	about	
10:30 Morning					weekend	1000
with Maureen					activities.	
200						
AD TO		13568		Pop-up Café		
			13			
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises	Exercises	Exercises	Exercises	Exercises		Check
Screened on all floors.	Screened on all floors.	Screened on all floors.	Screened on all floors.	Screened on all floors.		activities
						Boards or
2:00	2.30	2.30 Lollie trolley	2.30 Louise Bell	2:30 Mocktails		
4			<b>Drumming session</b>			ask staff
	TRIVIA			- doll a "		about
aws				Thumy .		weekend
				HAPPY HOUR		activities.
Pet Therapy						



AFRIL 2024							
MONDAY 15 <sup>th</sup>	TUESDAY 16 <sup>th</sup>	WEDNESDAY 17 <sup>th</sup>	THURSDAY 18 <sup>th</sup>	FRIDAY 19 <sup>th</sup>	SATURDAY 20 <sup>th</sup>	SUNDAY 21st	
9.30 Armchair	9.30 Garden Walks	9:30 Documentary	9:30 Armchair Travel	9:30 Garden walks			
Yoga - Screened	Self-Guided	Lower Throsby	Lower Throsby	10:00 Catholic	Check		
			10:30	Mass Screening	activities	3.	
10:30 Worship	10.30 Screened		Patro d Massa	Ascot Ground	Boards		
<b>Group</b> Ascot Ground	concert Ascot	10.30 Scenic Bus trip	Refined Moves Physiotherapy & Tai Chi	10:30 Mornings with Maureen	or ask		
10.30 Mornings	Ground	<u>#</u>	11.00 Paul Leventhal		staff	4	
with Maureen	(Lifestyle meeting in		acoustic guitar		about weekend	ĬĬ.	
*2 T	progress)	SENIORS O		Pop-up Café	activities.		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair			
Exercises	Exercises	Exercises	Exercises	Exercises		Check	
Screened on all floors.	Screened on all floors.	Screened on all floors.	Screened on all floors.	Screened on all floors.	<del>L</del>	activities	
2:30 Art Therapy	2:30 Activities	2.30 Scenic Bus trip	2:30 Team Trivia	2:30 Hippie happy		Boards or	
The green room	Focus Group	ne.		hour	OF PERSONAL PROPERTY OF THE PERSONAL PROPERTY	ask staff	
			مالار			about	
				Tidal of "		weekend	
Therapy		SENIORS D	TRIVIA	HAPPY HOUR		activities.	
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MONDAY 22 <sup>nd</sup> Earth day wear green	TUESDAY 23 <sup>rd</sup>	WEDNESDAY 24 <sup>th</sup>	THURSDAY 25 <sup>th</sup>	FRIDAY 26 <sup>th</sup>	SATURDAY 27 <sup>th</sup>	SUNDAY 28 <sup>th</sup>
9.30 Armchair Travel Lower Throsby  9.30 St Jude's Church service screening  10.30 Mornings with Maureen	9:30 Garden Walks Meet on the veranda.  9:30 Movie Time Ascot Ground  10:30  B	9:30 Armchair Travel Lower Throsby 10.30 Documentary Lower Throsby 10.30 Chocolate wheel	9:30 Armchair Yoga Screened Ascot Ground  10:30 Documentary  DOCUMENTARY DIRECTOR: CAMBERAL DATE:	9.30 Garden walks  10:00 Catholic Mass Screening Ascot Ground 10.30  Pop-up Café	Ascot Building BBQ brunch	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair Exercises Screened on all floors. 2.00  aws Pet Therapy	<ul><li>2.00 Armchair</li><li>Exercises</li><li>Screened on all floors.</li><li>2.30 Mobile</li><li>Petting Zoo</li></ul>	2.00 Armchair Exercises Screened on all floors.  2.30  ANTIQUES ROADSHOW	2.30 Anzac Day Service in Hordern building.  LEST WE FORGET ANZAC DAY 2515 APRIL	2.00 Armchair Exercises Screened on all floors.  2.30 Merry Music Makers HAPPY HOUR		Check activities Boards or ask staff about weekend activities.



			IL 2024			
MONDAY 29 <sup>th</sup> World dance day	TUESDAY 30 <sup>th</sup>	WEDNESDAY 1 <sup>st</sup> of MAY	THURSDAY 2 <sup>ND</sup>	FRIDAY 3 <sup>RD</sup>	SATURDAY 4 <sup>TH</sup>	SUNDAY 5 <sup>TH</sup>
9.30 Armchair	9:30 Garden Walks	9:30 Armchair Travel	9:30 Armchair Yoga	9.30 Garden walks		
Travel Lower Throsby	Meet on the veranda.	Lower Throsby	Screened Ascot Ground 10.00 Men's Club	10:00 Catholic	Check activities	
9.30 St Jude's Church service screening	9:30 Movie Time Ascot Ground	10.30 Market stall	10:30 Protestant Church Service Screened Lower Throsby	Mass Screening Ascot Ground 10.30	Boards or ask	
10.30 Mornings with Maureen	10:30 B () N G ()	pepper Handbags and fashion accessories	Refined Moves Physiotherapy & Tai Chi	Pop-up Café	staff about weekend activities.	P
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
<b>Exercises</b> Screened on all floors.	Exercises Screened on all floors.	Exercises Screened on all floors.	Exercises Screened on all floors.	Exercises Screened on all floors.		Check activities
2.00 Art Therapy The green room  ART  Lisaby	2.30 Autum BBQ	2.30 Scenic Bus trip	2.30 Hangman word games	2.30 HAPPY HOUR		Boards or ask staff about weekend activities.
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