

		141/	1 2024			
MONDAY 6 th	TUESDAY 7 th	WEDNESDAY 8 th World laughter day	THURSDAY 9 th	FRIDAY 10 th International nurses' day	SATURDAY 11 th	SUNDAY 12 th Mother's day
9.30 Armchair	9:30 Armchair	Wear crazy colours!	9.30 Documentary	9:30 Garden Walks		
yoga Lower Throsby	Travel	9:30 Garden Walks	Ascot ground	10:00 Catholic	Check	
10:30 Worship Group Ascot Ground	Screened Lower Throsby 10.30	10.30 Hilarious Morning tea	10.00 Men's Club	Mass Screening Ascot Ground	activities Boards	100
10.30 Morning with Maureen	BONGO	. WORLD .	10:30 Meditation Group Quiet Room	10.30	or ask staff	
7		Laughter Day		Poρ-up Café	about weekend activities.	N
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa		Check activities
2.00	2.30 Green Room Gardening	2.30 Lucille Ball Movie Time (choc top ice cream)	2.30 Louise Bell Drumming Session	2.30		Boards or ask staff about
aws		lee dreamly		HAPPY HOUR		weekend activities.
Pet Therapy					Clip art images are licensed under CC BY-NC	



		1417	1 2024			
MONDAY 13 th	TUESDAY 14 th	WEDNESDAY 15 th	THURSDAY 16 th	FRIDAY 17 th	SATURDAY 18 th	SUNDAY 19 th
9:30 Garden Walks	9:30 Armchair Yoga	9:30 Walking Group	9.30 Documentary	9:30 Armchair	Check	
Self-Guided	Screened Ascot	Self-Guided	Lower Throsby	Travel Screened	activities	000
	Ground	10.30 Scenic Bus Trip		Lower Throsby	Boards	
9.30 St Jude's			10.00 Men's Club	10:00 Catholic		
Church Service	10.30	The same of the sa		Mass Screening	or ask	
Screening	Screened Concert		10:30	Ascot Ground	staff	1 7 /
	Ascot Ground	SGDDDODO	Refined Moves	10.30	about	
10:30 Morning	(Lifestyle meeting in	SO SERVICION IN	Physiotherapy & Tai Chi		weekend	
with Maureen	progress)	and the same of th			activities.	
	p. 68. 666)				detivities.	
A.O. 下源				Pop-up Café		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises	Exercises	Exercises	Exercises	Exercises		Check
Throsby lower with	Throsby lower with	Throsby lower with Lisa	Throsby lower with Lisa	Throsby lower with Lisa		activities
Lisa	Lisa					Boards or
		2.30 Scenic Bus Trip	2.30 Louise Bell	2:30 Mocktails		
2:30 Art Therapy	2.30	₩.	Harpist			ask staff
The green room			for the same of th	- doll or "		about
	TRIVIA	60000000	9	Thungs.		weekend
ART		Se Servicine		HAPPY HOUR		activities.
Therapy		The same of the sa				



MONDAY 20 th	TUESDAY ^{21st}	WEDNESDAY 22 nd	THURSDAY 23 rd	FRIDAY 24 th	SATURDAY	SUNDAY 26 th
World bee day	10235/11	WEDITEGO/W ZZ	World turtle		25 th	00112711 20
Wear yellow! 9.30 Armchair	9.30 Garden Walks Self-Guided	9:30 Documentary Lower Throsby	9:30 Armchair Travel Lower Throsby	9:30 Garden walks 10:00 Catholic	Check	
Yoga — Screened		Lower Hilospy	10.00 Men's Club	Mass Screening Ascot Ground	activities Boards	3
10:30 Worship Group Ascot Ground	10.30	10.30	10:30 Meditation	10:30 Mornings with Maureen	or ask	
10.30 Mornings with Maureen	BUNGO	ANTIQUES	Group Quiet Room	Poo vo Cofé	about weekend	9
*2		RUADSHUW		Pop-up Café	activities.	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	Exercises Throsby lower with Lisa	do.	Check activities
2:00	2:30	2.30 30 Art Therapy The green room	2:30 Team Trivia	2:30		Boards or ask staff
aws Pet Therapy	WORD games	ART		HAPPY HOUR		about weekend activities.



TUESD AV SO th	WEDNIED W COth	THURSDAY 26th	EDID AV 24st	0.450100000000	CLINID ave?nd
National burger day	WEDNESDAY 29 th	THURSDAY 30 th	FRIDAY 31 st	SATURDAY 1 st June	SUNDAY ^{2nd}
9:30 Garden Walks	9:30 Armchair Travel	9:30 Armchair Yoga	9.30 Garden walks		
Meet on the veranda.	Lower Throsby	Screened Ascot Ground	10:00 Catholic	Check	
9:30 Movie Time	10.30 Scenic Bus Trip	10.00 Men's Club	Mass Screening		
Ascot Ground		40.00	Ascot Ground		(25)
	Se	10.30	10.30		
10:30		Refined Moves		staff	
0000	MENT	Physiotherapy & Tai Chi		about	
BUNGO	SENIORS OF			weekend	
			Poρ-up Café	activities.	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00 Armchair	2.00 Armchair	2.00 Armchair	2.00 Armchair		
Exercises	Exercises	Exercises	Exercises		Check
Throsby lower with Lisa	Throsby lower with Lisa	Throsby lower with Lisa	Throsby lower with Lisa		activities
2.30 Burger BBQ	2.30 Scenic Bus Trip	2.30 Crafty Coner	2.30 Merry Music		Boards or
	*		Makers		ask staff
	SENIERS D	Jess'8 CRAFT CORNER	HAPPY HOUR		about weekend activities.
	9:30 Garden Walks Meet on the veranda. 9:30 Movie Time Ascot Ground 10:30 BOOGO LUNCH 2.00 Armchair Exercises Throsby lower with Lisa	9:30 Garden Walks Meet on the veranda. 9:30 Movie Time Ascot Ground 10:30 BOOO LUNCH 2.00 Armchair Exercises Throsby lower with Lisa 9:30 Armchair Travel Lower Throsby 10.30 Scenic Bus Trip LUNCH 2.00 Armchair Exercises Throsby lower with Lisa Throsby lower with Lisa	9:30 Garden Walks Meet on the veranda. 9:30 Movie Time Ascot Ground 10:30 B	9:30 Garden Walks Meet on the veranda. 9:30 Movie Time Ascot Ground 10:30 10:30 B	9:30 Garden Walks Meet on the veranda. 9:30 Movie Time Ascot Ground 10:30 B

